



# Nichols Hills E-News

AUGUST 2010

## RISK MANAGER

### Be a Lifesaver with Continuous Chest Compression CPR

It's safe. It's easy. It's legal. It requires no mouth-to-mouth contact.

If you witness a sudden unexpected collapse in an adult, follow these simple steps:

1. Direct someone to call 911 or make the call yourself.
2. Position the patient on the floor. Place the heel of one hand on the center of the chest with the other hand on top of the first. Lock your elbows and perform fast, forceful chest compressions. Lift your hands slightly after each push to allow the chest to recoil. Take turns with a bystander until paramedics arrive.
3. If an automated external defibrillator (AED) is available, attach it to the patient and follow the machine's voice instructions. Otherwise, keep pumping.

**REMEMBER: If you just call 911 and do not perform chest compressions, the patient most likely WILL NOT SURVIVE!**

**NOTE: Gasping is not an indication of normal breathing or recovery.** Initiate and continue compressions even if patient gasps.

For cases of suspected drowning, drug overdose or collapse in children, follow standard CPR (2 mouth-to-mouth breaths for every 30 chest compressions).

To learn more, visit [www.heart.arizona.edu](http://www.heart.arizona.edu) or call (520) 626-4083



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#### Upcoming Meetings

- Regular Planning Commission Meeting  
September 7th  
5:30 pm at City Hall
- City Council Meeting  
September 14th  
5:30 pm at City Hall
- Regular Meeting of Municipal Authority  
September 14th  
5:45 pm at City Hall
- Environmental, Health, & Sustainability Meeting  
September 22nd  
8:30 am at City Hall
- Regular Meeting Board of Park Commissioners  
September 22nd  
5:00 pm at City Hall

## POLICE DEPARTMENT

Many of our residents have an alarm system on their homes. If the alarm system is monitored by a company, sometimes the company will call the homeowner first when the alarm is activated. We are reminding our citizens to request their alarm companies call the police department first before calling the homeowner. If the alarm company calls the homeowner before the police department, valuable time can be lost.

The Nichols Hills Police Department has an average response time of one to three minutes, and can be on the scene shortly after the alarm is reported. When officers are notified of a residential or business alarm, they check the perimeter of the structure, as well as access points to see if there is any sign of forced entry. If officers find an open door, they will notify dispatch of the situation and then enter the home to look for any sign of intruders. Officers will also notify dispatch of suspicious vehicles in the area and that information will be logged. This information can be crucial to an investigation. When the alarm company notifies a home or building owner before notifying the police department, those few minutes lost can be the difference between recovering property and arresting a suspect, or arriving after the suspects have left the area with your belongings.

Another valuable tool that assists officers is the alarm registration. The Nichols Hills Police Department does not charge to register your alarm. We have a standard form that we ask homeowners to fill out. It includes the name of your alarm company, "in case of emergency" information, special assistance information, and more. There is also a section for notes where you can include information specific to your situation; for example, some homes in Nichols Hills have gates, and if the officers do not have the gate code they cannot access the property to check the residence.

If you have not filled out an alarm registration, or you need to update your information, please call us at 843-5672. We can fax or mail you the registration papers, or you can drop by the police department at any time and we will give you the registration papers. Remember, the police department is open 24 hours a day, seven days a week, and there is always someone in dispatch who would be happy to assist you. Please help us keep your home and family safe by filling out an alarm registration, and requesting your alarm company notify the police department first if the alarm is activated.

## PUBLIC WORKS

### STREETS

The harsh winter and floods has taken a toll on our city streets. We have purchased a new machine that will make the pot hole repairs last longer. We are running the machine most days and will be in your area soon. The city has also a private contractor that will be making repairs throughout the city. Several areas are on the list to be replaced under bond projects i.e. Pennsylvania, Grand and Wilshire. At this time we are making temporary repairs to these streets. Thanks for your patience and understanding!!!!

### WATER

Water consumption did exceed 3,000,000 gallons per day, which sent us into 'Water Watch'. Under 'Water Watch' we are watching the usage of water, educating the public and expediting water leak repairs. Please water sensibly and turn off sprinklers once the water starts running down the street. This is a waste of a precious natural resource. Check with your local nursery for drought tolerant plants that will use less water, and don't forget the mulch to retain moisture in the soil.

### SIGNS

As we all know there are many contractors working in the area. Please help the Code Division monitor the placement of signs. All signs must be back ten feet (10') of curb. No signs larger than five square feet. Only one contractor sign per yard.  
Thanks for your help!!!

### RECYCLE

A reminder that our recycle center is open every day from  
7:00 a.m. to 7:00 p.m.

## ANIMAL RESCUE FRIENDS

If anyone wants to assist ARF in its mission of saving unclaimed, impounded pets in Nichols Hills, they can donate time, old collars, leashes, crates, dog beds, food, treats, toys and, of course, money by mailing checks to Animal Rescue Friends, Inc of Nichols Hills, C/O Public Works, 1009 N.W. 75th Street, Nichols Hills, OK 73116 or by calling 843-4222 about donating items. ARF will respond by sending a 501 c 3 tax deduction letter (and offering a cat or a dog!).

### **August's Featured Pets**



About 50 pounds and maybe 4 or 5 years old EXTREMELY shy Shepherd/Dane(?) mix – but very sweet, will sit on command, appears to be house trained, Roscoe is now vaccinated and tested negative for heartworms – already neutered, he will need lots of help overcoming his shyness. We have him in a covered run and have suggested he only be taken out on a leash since he is so skittish and just might try to go over a fence. He will make someone a terrific companion with just a little patience and work.

## ANIMAL RESCUE FRIENDS

### August's Featured Pets



**HELP!!!!!!**

There are 3 light gray kittens left (Verbena, Amy & Bebe)

ALL are females and all are now spayed & vaccinated (but they need one more final set of shots in September).

Sigourney is the mom, who is light gray in color. She is about a year old.  
We desperately need foster homes.

If you are looking for an animal to adopt, give ARF a call at **843-4222**.

## ANIMAL RESCUE FRIENDS

If you have lost or found an animal INSIDE the Nichols Hills City limits:

1. Call the NH Police Department and report a full description of the animal, where it was lost or found & give your contact information. The communications officer who answers the call will guide you through the questions. The police department keeps a log of lost and found animals, and tries to assist re-uniting pets with their owners.
2. The rules are that a found animal must be picked up either where it was found (intersection, park, etc.) or at your home, and someone from Animal Control will come to you to pick it up and get all relevant information. **Animals can not be brought to the Police Department, City Hall, or Public Works.** Animal Control hours are Monday through Friday, 8 am to 5 pm. If the animal is found when Animal Control is not open, call the police department and they will dispatch an officer to pick up the animal.
3. Found animals may be advertised on [www.nicholshills.net](http://www.nicholshills.net). Make sure you check the website if you are missing a pet.
4. Animal Rescue Friends, Inc of Nichols Hills is a completely volunteer organization dedicated to rescuing unclaimed, impounded animals in the Nichols Hills City limits from being euthanized. They cannot accept animals found in Nichols Hills until at least the 4th day of impound. If the animal is not claimed after the fourth day, ARF will try to locate the owner of the animal or will prepare it for adoption (testing, vaccinating, spay or neutering and then boarding). As ARF is volunteer organization, we are in need of volunteers and donations. If you can help, please do not hesitate to contact us.

Nichols Hills Animal Control 843-5315  
Nichols Hills Police Department 843-5672  
ARF 843-4222